



May 2010

Indoor Cycling Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RESERVATION and CANCELLATION POLICY Reservations are mandatory within 24 hours prior to the class. Cancellations must be received at least 2 hours before a morning class and 6 hours prior to an evening class. This class fee will be charged if cancellations are not received.						TO RESERVE CALL 647-476-3499
2	3	4	5	6	7	1
10:00 AM 120 min Endurance class Antonio	6:30 AM 45 min Mark Hummel	6:30 AM 45 min Antonio 5:30 PM 60 min Antonio	6:30 AM 45 min Mark Hummel	9:30 AM 60 min Christina 5:30 PM 45 min Carmen	6:00 AM 60 min Mark Hummel	10:00 AM 45 min Christina
9	10	11	12	13	14	8
10:00 AM 120 min Endurance class Antonio	6:30 AM 45 min Mark Hummel	6:30 AM 45 min Antonio 5:30 PM 60 min Antonio	6:30 AM 45 min Mark Hummel	9:30 AM 60 min Christina 5:30 PM 45 min Carmen	6:00 AM 60 min Mark Hummel	10:00 AM 45 min Christina
16	17	18	19	20	21	15
10:00 AM 120 min Endurance class Antonio	6:30 AM 45 min Mark Hummel	6:30 AM 45 min Antonio 5:30 PM 60 min Antonio 6:30 PM 45 min Christina	6:30 AM 45 min Mark Hummel	9:30 AM 60 min Christina 5:30 PM 45 min Carmen	6:00 AM 60 min Mark Hummel	10:00 AM 45 min Christina
23	24	25	26	27	28	22
10:00 AM 120 min Endurance class Antonio	6:30 AM 45 min Mark Hummel	6:30 AM 45 min Antonio 5:30 PM 60 min Antonio 6:30 PM 45 min Christina	6:30 AM 45 min Mark Hummel	9:30 AM 60 min Christina 5:30 PM 45 min Carmen	6:00 AM 60 min Mark Hummel	10:00 AM 45 min Christina
30	31	Endurance Cycling Classes on Sundays Please confirm your attendance for this class by 8 am Sunday mornings. Leave your phone number in the case of class being cancelled.				
10:00 AM 120 min Endurance class Antonio	6:30 AM 45 min Mark Hummel					