



Moksha Yoga Studio

Agreement of Release and Waiver of Liability

How did you hear about us: _____

Email Address: _____

Date of Birth: _____ Phone Number: _____

Do you have any injuries, ailments or medications the instructor should know about? _____

I, (print name) _____, AGREE TO THE FOLLOWING:

- That the instruction offered by Moksha Yoga Scarborough is limited to that of instruction in basic yoga and health.
- That even with clear instruction, there is a possibility of injury; It is my responsibility to consult a physician regarding my ability to participate before coming to Moksha Yoga Scarborough.
- I attest that I have no psychological, medical or emotional condition that would prevent me from safe participation in a Hot Yoga class.
- I release and discharge Moksha Yoga Scarborough, its directors, and the Moksha Yoga instructors from any and all liability, claim, demand or action that I may have resulting from injury, death or damages arising from my participation in the yoga class or at the yoga studio, including loss that may be caused by the negligence of the released party.
- I release and discharge Moksha Yoga Scarborough, its directors and its instructors from any and all liability, claim, demand or action that I may have related to the loss, theft or damage of any of my personal property from the Moksha Yoga Scarborough premises.
- I recognize that this agreement of release and waiver of liability is a legal contract and that, by reading it carefully, I have complete knowledge of its contents.

I have read this agreement and fully understand its content and meaning, and sign it of my own free will.

Participant signature: _____ Date: _____

If the participant is under the age of 18 years:

As legal guardian of _____, I consent to the above terms and conditions.

Signature of Parent/Guardian: _____ Date: _____